

Welcome!

# DRIVING TRANSITIONS

 In Society, With Society

**TU/e** EINDHOVEN  
UNIVERSITY OF  
TECHNOLOGY



WAGENINGEN  
UNIVERSITY & RESEARCH



Utrecht  
University



UMC Utrecht



# Rethinking Participation: Youth in Every Step of Research

**Madelief Engels & Daniëlla van Uden**



## Check-in – getting to know each other

How much experience do you have with participatory research?

I never heard about  
participatory research

I am very  
experienced



## Aims of today

- Share about the LIFTS project
- Inspire and give practical tools for participatory research
- Exchange ideas, experiences and challenges



## Program

15:30 – 15:50	About LIFTS
15:50 – 16:20	Participatory photo-analysis
16:20 – 16:40	Reflection
16:40 – 16:45	Check-out





# About LIFTS





LIFTS



Simone Ooms

Mental  
wellbeing



Maria Inês  
Ribeiro

Physical Activity



Daniëlla van Uden

Participatory  
Research



Madelief Engels

Healthy and  
sustainable dietary  
behaviour



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## Quick Re-cap: Participatory research



Actively involve people with lived experiences in research process as **co-researchers**



Collaborative, inclusive, **social change**



Creative, visual or art-based research **methods**



Gap: participatory **data analysis** is less often done



# Quick Re-cap: Practical education (*Praktijkonderwijs*)

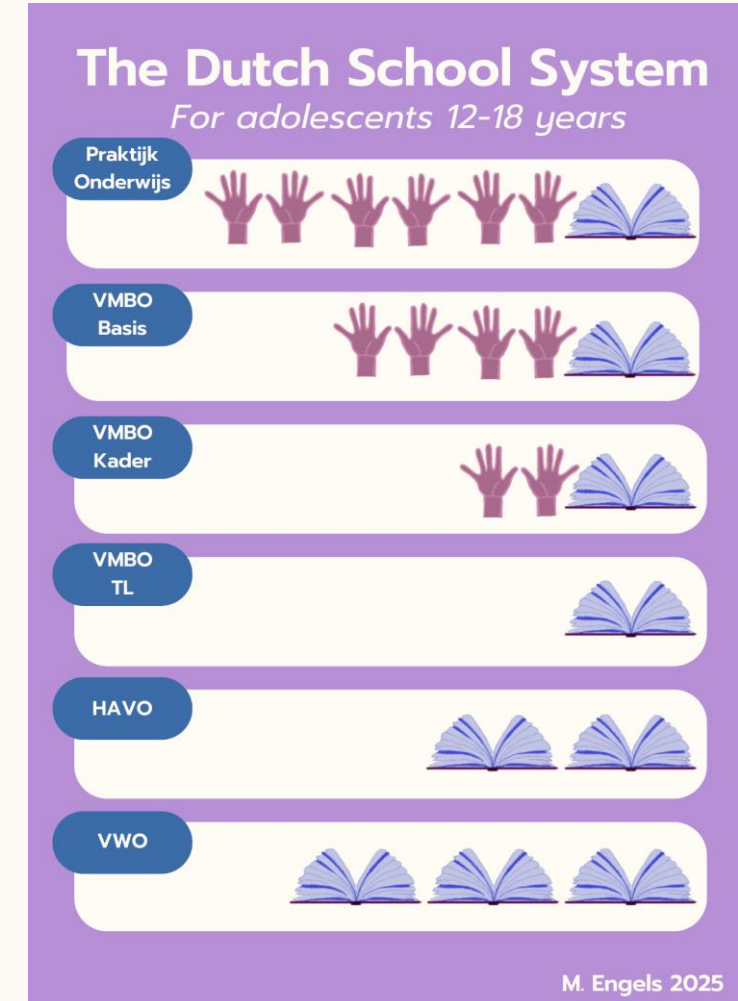
Type of secondary education in NL

Admission criteria:

- IQ between 50-80
- Learning delay of at least 3 years

Aim:

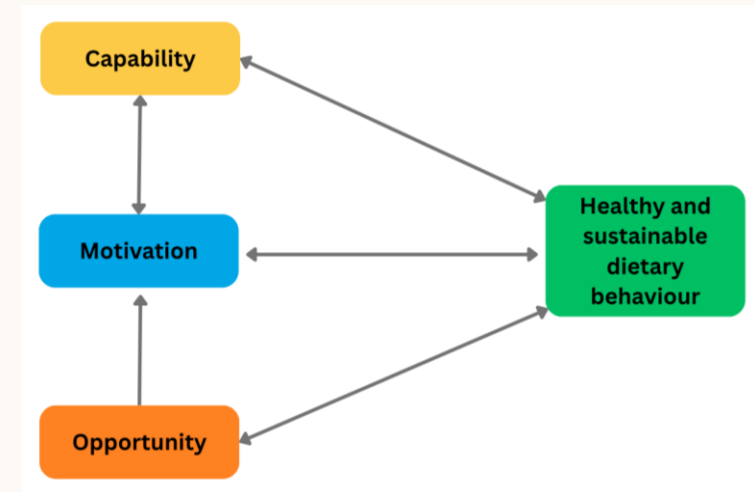
- Students learn practical skills (e.g., cooking or gardening)
- They are prepared to live as self-reliant as possible in society





# Dietary behaviour in Practical Education students

- Creative, visual or art-based research methods: Participatory Photovoice
- Interviews & photos
- Healthy and sustainable dietary behaviour
- COM-B model







**KLAS 4**


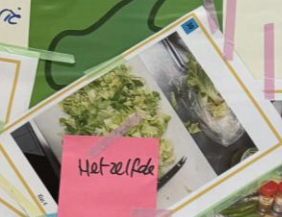





**GEZOND EN DUURZAAM ETEN EN DRINKEN**

Blauw = HOOFD categorie  
ROZE = sub categorie



**WAT WETEN WE? WAT KUNNEN WE?**

Het zelfde  
Fruit  
Suiker  
chocola  
Te veel vet  
Te zout  
zoet suiker  
ongezonde drinker  
Bakker  
Bread  
water  
Vloeibak  
Hartstijver  
waker is nodig voor je lijf  
wat te hard is geend  
geend voor de natuur  
Sticker eigenlijk op alles  
Lelke die omk = weg er goet = suiker  
alles suiker

**OMGEVING** **KLAS 2**






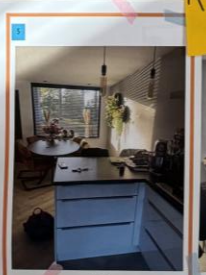
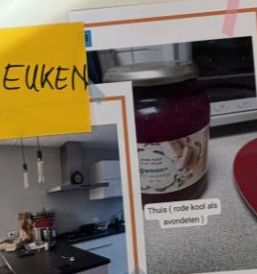

**Restaurant**  
foto van google maps (gezond) restaurant

**WINKEL**  
mijn Albert Heijn

**VET**  
McFlurry  
McDonalds

**KEUKEN**  
Thuis (niet kool als avondeten)

**Energy**  
**Energie**


# Participatory photo analysis





# Explanation

## **Step 1: Sort the photos**

based on the question on your poster, divide the photos into **green thumbs** (supportive) and **red thumbs** (not supportive)

## **Step 2: Check with your group**

Does everyone agree?

→ Make changes if needed, then continue to step 3.

## **Step 3: Group pictures in the **green thumbs** section**

Which photos belong together? Make groups.

→ Write a name for each group on a post-it.

## **Step 4: Group pictures in the **red thumbs** section**

Which photos belong together? Make groups.

→ Write a name for each group on a post-it.

## **Step 5: Check with your group**

Does everyone agree?

→ Make changes if needed, then continue to step 6.

## **Step 6: Create subcodes**

Look at the post-it names. Can you come up with smaller categories (subcodes) within each group?

## **Step 7: Priorities**

What are the most important categories in the **green thumbs** section? Draw a circle

What are the most important categories in the **red thumbs** section? Draw a circle

## **Step 8: Find patterns**

What bigger patterns or insights do you notice?

→ Write them down on your poster.

## Friendly reminder 😊

- Be fast
- It doesn't have to look beautiful
- Feel free to add everything you like
- Play around with the materials provided

# Reflection



# Reflection - What are your thoughts on participatory photo analysis?

- How did you experience this process?
- How would you approach participatory data analysis yourself?
- How could you apply participatory data analysis in your own work?
- What are the benefits?
- What are the (ethical) challenges?

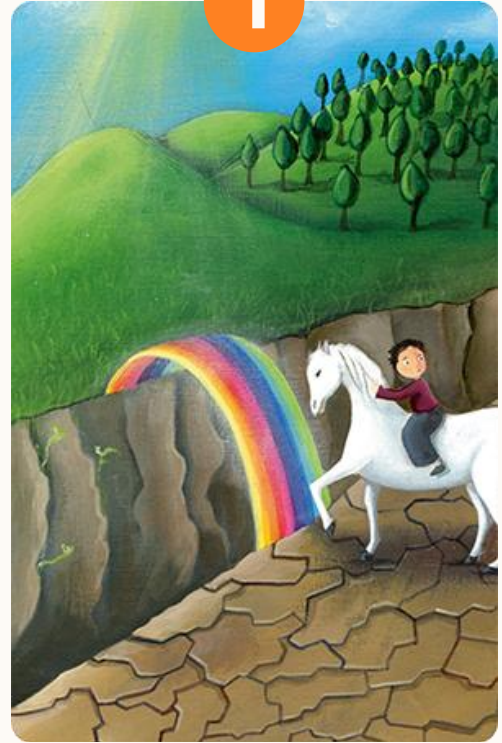
**Check-out**



**Check-out: What is one golden nugget that you will take home from today's workshop?**

Please pick a card on the next slide that helps you answer this question

1



2



3



4



5



## Want to know more?

- Nind, M. (2011). Participatory data analysis: A step too far? *Qualitative Research*, 11(4), 349–363.  
<https://doi.org/10.1177/1468794111404310>
- Rix, J., Carrizosa, H. G., Sheehy, K., Seale, J., & Hayhoe, S. (2022). Taking risks to enable participatory data analysis and dissemination: a research note. *Qualitative Research*, 22(1), 143–153.  
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- Vaccaro, M. E. (2023). Reflections on ‘doing’ participatory data analysis with women experiencing long-term homelessness. *Action Research*, 21(3), 332–350.  
[https://doi.org/10.1177/1476750320974429/ASSET/A0933D87-F555-4EA4-832F-2B06D1DB2C87/ASSETS/IMAGES/10.1177\\_1476750320974429-IMG4.PNG](https://doi.org/10.1177/1476750320974429/ASSET/A0933D87-F555-4EA4-832F-2B06D1DB2C87/ASSETS/IMAGES/10.1177_1476750320974429-IMG4.PNG)
- Switzer, S., & Flicker, S. (2021). Visualizing DEPICT: A Multistep Model for Participatory Analysis in Photovoice Research for Social Change. *Health Promotion Practice*, 22(2\_suppl), 50S-65S.  
<https://doi.org/10.1177/15248399211045017>

# Thank you & stay updated!

Follow the **LIFTS LinkedIn page**



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